

## day 3

In the morning we went to visit "Waldeck" castle and have got the chance to get to know some of the punishments that prisoners use to suffer some secules ago.

During the afternoon we had time to relax and prepared for canoeing. And in the afternoon we enjoyed Finnish & Polish evenings...;) At night we made an introduction to the Media-Workshops and started thinking about wich theme we would like to work on.